

INSPIRANCE

HR Consulting & Coaching

Inspirance Consulting

*We help you in finding the way
and we accompany you*



INSPIRANCE

HR Consulting & Coaching

You are a private individual,
we are here for you !
We propose the following services :

Individual
Coaching



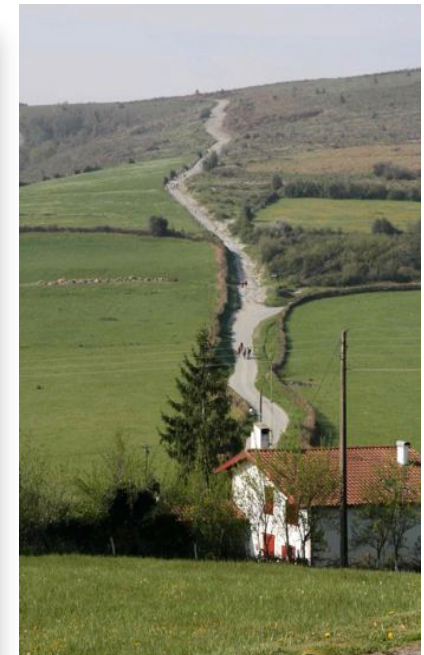
Preparation
to
Employment



Individual Coaching

Your wish

- ❖ To have a reflection on a specific issue,
- ❖ To think on the evolution of your personal development,
- ❖ To sort out the challenges you are facing,
- ❖ To evaluate the opportunities which are in front of you,
- ❖ To find the best solutions for your situation.



INSPIRANCE

HR Consulting & Coaching

Individual Coaching

We help you

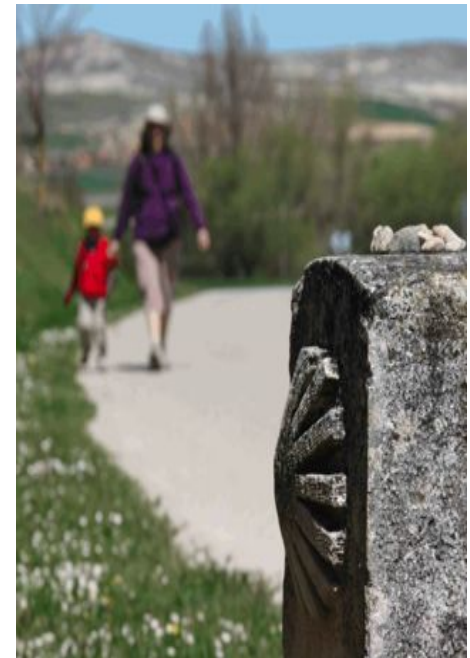
- ❖ You take a step back, to stop the time,
- ❖ You sort out, you find the way,
- ❖ You find your breath,
- ❖ You (re)gain confidence,
- ❖ You place yourself in a position of being able to make choices.



Individual Coaching

Our approach

- ❖ Each of us is unique and has a potential to reveal,
- ❖ You have it all in you : we will look for it together,
- ❖ We take into account all the different dimensions of your environment,
- ❖ We build the sessions together according to you needs.



Preparation to Employment

We prepare you

- ❖ We define your professional orientation,
- ❖ We elaborate and/or review your resume (CV),
- ❖ We train and rehears for your interviews,
- ❖ We help you gain confidence and "market yourself",
- ❖ We train your oral and body presentation,
- ❖ We prepare your coming integration with your new employer.



INSPIRANCE

HR Consulting & Coaching

Inspirance Consulting

Your partner who goes with
you along the way and help
you to go further !



INSPIRANCE

HR Consulting & Coaching

Inspirance Consulting

Your Coach :
Gilles Ossona de Mendez

Certified Coach, Consultant, Trainer,
18 years experience in HR
in management positions



INSPIRANCE

HR Consulting & Coaching

Inspirance Consulting

30 rue de l'Industrie

L-8069 Strassen, Luxembourg

Tel : +352 26 31 15 43

Gsm Luxembourg : +352 621 506 926

Gsm France : +33 6 68 65 72 84

odm@inspirance-consulting.com

www.inspirance-consulting.com

